May 2045

Educator Calendar

All month: Better Hearing and Speech Month · Mental Health Awareness Month · National Physical Fitness and Sports Month · Asian American, Native Hawaiian, and Pacific Islander Heritage Month · Jewish American Heritage Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 • Teacher Appreciation	2 • Teacher Day • Teacher Appreciation	3 • Teacher Appreciation	4 • Teacher Appreciation	5 • Lunch Hero Day • Teacher Appreciation • Cinco de Mayo	6
7	8	9	10 • School Nurse Day	11	12	13
14 • Mother's Day	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29 • Memorial Day	30	31			

Legend: • Holidays & Celebrations • Awareness Days/Months • Appreciation Days/Weeks • Prevention & Safety • Culture & History • Other

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Events in May 2045

May 1 – May 31 **Asian American, Native Hawaiian, and Pacific Islander Heritage Month** (Culture & History) A month celebrating the cultures and contributions of Asian Americans, Native Hawaiians and Pacific Islanders.

May 1 – May 31 **Better Hearing and Speech Month** (Awareness Days/Months) ASHA's month raising awareness of communication disorders.

May 1 – May 31 **Jewish American Heritage Month** (Culture & History) A month recognising the contributions of Jewish Americans.

May 1 – May 31 **Mental Health Awareness Month** (Awareness Days/Months) A month raising awareness of mental health and reducing stigma.

May 1 – May 31 **National Physical Fitness and Sports Month** (Awareness Days/Months) A month encouraging physical activity.

May 1 – May 5 **Teacher Appreciation Week** (Appreciation Days/Weeks) A week honouring teachers (first full week of May).

Tue May 2 **National Teacher Day** (Appreciation Days/Weeks) A day honouring teachers, on the Tuesday of Teacher Appreciation Week.

Fri May 5 **Cinco de Mayo** (Culture & History) A celebration of the Mexican army's victory at the Battle of Puebla in 1862, and of Mexican-American culture.

Fri May 5 **School Lunch Hero Day** (Appreciation Days/Weeks) A day thanking school nutrition professionals (first Friday in May).

Wed May 10 **National School Nurse Day** (Appreciation Days/Weeks) A day recognising school nurses (the Wednesday of National Nurses Week).

Sun May 14 **Mother's Day** (Holidays & Celebrations) A day honouring mothers and mother figures.

Mon May 29 **Memorial Day** (Holidays & Celebrations) A federal holiday honouring U.S. military personnel who died in service.