# May 2045

Educator Calendar

**All month:** Better Hearing and Speech Month · Mental Health Awareness Month · National Physical Fitness and Sports Month · May Theme: Gratitude & Reflection · Asian American, Native Hawaiian, and Pacific Islander Heritage Month · Jewish American Heritage Month

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|---|---|
| | **1**<br>• Teacher Appreciation | **2**<br>• Teacher Day<br>• Teacher Appreciation | **3**<br>• Teacher Appreciation | **4**<br>• Teacher Appreciation | **5**<br>• Lunch Hero Day<br>• Teacher Appreciation<br>• Cinco de Mayo | **6** |
| **7** | **8** | **9** | **10**<br>• School Nurse Day | **11** | **12** | **13** |
| **14**<br>• Mother's Day | **15** | **16** | **17** | **18** | **19** | **20** |
| **21** | **22** | **23** | **24** | **25** | **26** | **27** |
| **28** | **29**<br>• Memorial Day | **30** | **31** | | | |

**Legend:** • Holidays & Celebrations • Awareness Days/Months • Appreciation Days/Weeks • Monthly Teaching Themes • Culture & History • Other

Educator Calendar

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## Events in May 2045

**May 1 – May 31** **Asian American, Native Hawaiian, and Pacific Islander Heritage Month** (Culture & History) A month celebrating the cultures and contributions of Asian Americans, Native Hawaiians and Pacific Islanders.

**May 1 – May 31** **Better Hearing and Speech Month** (Awareness Days/Months) ASHA's month raising awareness of communication disorders.

**May 1 – May 31** **Jewish American Heritage Month** (Culture & History) A month recognising the contributions of Jewish Americans.

**May 1 – May 31** **May Theme: Gratitude & Reflection** (Monthly Teaching Themes, TTW teaching theme) TTW teaching theme: gratitude, appreciation and reflection.

**May 1 – May 31** **Mental Health Awareness Month** (Awareness Days/Months) A month raising awareness of mental health and reducing stigma.

**May 1 – May 31** **National Physical Fitness and Sports Month** (Awareness Days/Months) A month encouraging physical activity.

**May 1 – May 5** **Teacher Appreciation Week** (Appreciation Days/Weeks) A week honouring teachers (first full week of May).

**Tue May 2** **National Teacher Day** (Appreciation Days/Weeks) A day honouring teachers, on the Tuesday of Teacher Appreciation Week.

**Fri May 5** **Cinco de Mayo** (Culture & History) A celebration of the Mexican army's victory at the Battle of Puebla in 1862, and of Mexican-American culture.

**Fri May 5** **School Lunch Hero Day** (Appreciation Days/Weeks) A day thanking school nutrition professionals (first Friday in May).

**Wed May 10** **National School Nurse Day** (Appreciation Days/Weeks) A day recognising school nurses (the Wednesday of National Nurses Week).

**Sun May 14** **Mother's Day** (Holidays & Celebrations) A day honouring mothers and mother figures.

**Mon May 29** **Memorial Day** (Holidays & Celebrations) A federal holiday honouring U.S. military personnel who died in service.