# May 2026

Educator Calendar

**All month:** Better Hearing and Speech Month · Mental Health Awareness Month · National Physical Fitness and Sports Month · Asian American, Native Hawaiian, and Pacific Islander Heritage Month · Jewish American Heritage Month

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|---|---|
| | | | | | 1<br>• Lunch Hero Day | 2 |
| 3 | 4<br>• Teacher Appreciation | 5<br>• Teacher Day<br>• Teacher Appreciation<br>• Cinco de Mayo | 6<br>• School Nurse Day<br>• Teacher Appreciation | 7<br>• Teacher Appreciation | 8<br>• Teacher Appreciation | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

**Legend:** • Awareness Days/Months • Appreciation Days/Weeks • Prevention & Safety • Culture & History • Other

## Events in May 2026

**May 1 – May 31** **Asian American, Native Hawaiian, and Pacific Islander Heritage Month** (Culture & History) A month celebrating the cultures and contributions of Asian Americans, Native Hawaiians and Pacific Islanders.

**May 1 – May 31** **Better Hearing and Speech Month** (Awareness Days/Months) ASHA's month raising awareness of communication disorders.

**May 1 – May 31** **Jewish American Heritage Month** (Culture & History) A month recognising the contributions of Jewish Americans.

**May 1 – May 31** **Mental Health Awareness Month** (Awareness Days/Months) A month raising awareness of mental health and reducing stigma.

**May 1 – May 31** **National Physical Fitness and Sports Month** (Awareness Days/Months) A month encouraging physical activity.

**Fri May 1** **School Lunch Hero Day** (Appreciation Days/Weeks) A day thanking school nutrition professionals (first Friday in May).

**May 4 – May 8** **Teacher Appreciation Week** (Appreciation Days/Weeks) A week honouring teachers (first full week of May).

**Tue May 5** **Cinco de Mayo** (Culture & History) A celebration of the Mexican army's victory at the Battle of Puebla in 1862, and of Mexican-American culture.

**Tue May 5** **National Teacher Day** (Appreciation Days/Weeks) A day honouring teachers, on the Tuesday of Teacher Appreciation Week.

**Wed May 6** **National School Nurse Day** (Appreciation Days/Weeks) A day recognising school nurses (the Wednesday of National Nurses Week).