# May 2023

Educator Calendar

**All month:** Better Hearing and Speech Month · Mental Health Awareness Month · National Physical Fitness and Sports Month

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|---|---|
| | 1<br>• Teacher Appreciation | 2<br>• Teacher Day<br>• Teacher Appreciation | 3<br>• Teacher Appreciation | 4<br>• Teacher Appreciation | 5<br>• Lunch Hero Day<br>• Teacher Appreciation | 6 |
| 7 | 8 | 9 | 10<br>• School Nurse Day | 11 | 12 | 13 |
| 14<br>• Mother's Day | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29<br>• Memorial Day | 30 | 31 | | | |

**Legend:** • Holidays & Celebrations • Awareness Days/Months • Appreciation Days/Weeks • Prevention & Safety

## Events in May 2023

**May 1 – May 31** **Better Hearing and Speech Month** (Awareness Days/Months) ASHA's month raising awareness of communication disorders.

**May 1 – May 31** **Mental Health Awareness Month** (Awareness Days/Months) A month raising awareness of mental health and reducing stigma.

**May 1 – May 31** **National Physical Fitness and Sports Month** (Awareness Days/Months) A month encouraging physical activity.

**May 1 – May 5** **Teacher Appreciation Week** (Appreciation Days/Weeks) A week honouring teachers (first full week of May).

**Tue May 2** **National Teacher Day** (Appreciation Days/Weeks) A day honouring teachers, on the Tuesday of Teacher Appreciation Week.

**Fri May 5** **School Lunch Hero Day** (Appreciation Days/Weeks) A day thanking school nutrition professionals (first Friday in May).

**Wed May 10** **National School Nurse Day** (Appreciation Days/Weeks) A day recognising school nurses (the Wednesday of National Nurses Week).

**Sun May 14** **Mother's Day** (Holidays & Celebrations) A day honouring mothers and mother figures.

**Mon May 29** **Memorial Day** (Holidays & Celebrations) A federal holiday honouring U.S. military personnel who died in service.