May 2023

Educator Calendar

All month: Better Hearing and Speech Month · Mental Health Awareness Month · National Physical Fitness and Sports Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 • Teacher Appreciation	2 • Teacher Day • Teacher Appreciation	3 • Teacher Appreciation	4 • Teacher Appreciation	5 • Lunch Hero Day • Teacher Appreciation	6
7	8	9	10 • School Nurse Day	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Legend: • Awareness Days/Months • Appreciation Days/Weeks • Prevention & Safety • Other

Events in May 2023

May 1 – May 31 **Better Hearing and Speech Month** (Awareness Days/Months) ASHA's month raising awareness of communication disorders.

May 1 – May 31 **Mental Health Awareness Month** (Awareness Days/Months) A month raising awareness of mental health and reducing stigma.

May 1 – May 31 **National Physical Fitness and Sports Month** (Awareness Days/Months) A month encouraging physical activity.

May 1 – May 5 **Teacher Appreciation Week** (Appreciation Days/Weeks) A week honouring teachers (first full week of May).

Tue May 2 **National Teacher Day** (Appreciation Days/Weeks) A day honouring teachers, on the Tuesday of Teacher Appreciation Week.

Fri May 5 **School Lunch Hero Day** (Appreciation Days/Weeks) A day thanking school nutrition professionals (first Friday in May).

Wed May 10 **National School Nurse Day** (Appreciation Days/Weeks) A day recognising school nurses (the Wednesday of National Nurses Week).