May 2026

Educator Calendar

All month: Better Hearing and Speech Month · Mental Health Awareness Month · National Physical Fitness and Sports Month · Asian American, Native Hawaiian, and Pacific Islander Heritage Month · Jewish American Heritage Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 • Cinco de Mayo	6	7	8	9
10 • Mother's Day	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 • Memorial Day	26	27	28	29	30
31						

Legend: • Holidays & Celebrations • Awareness Days/Months • Prevention & Safety • Culture & History

May 2026

Events in May 2026

May 1 – May 31 **Asian American, Native Hawaiian, and Pacific Islander Heritage Month** (Culture & History) A month celebrating the cultures and contributions of Asian Americans, Native Hawaiians and Pacific Islanders.

May 1 – May 31 **Better Hearing and Speech Month** (Awareness Days/Months) ASHA's month raising awareness of communication disorders.

May 1 – May 31 **Jewish American Heritage Month** (Culture & History) A month recognising the contributions of Jewish Americans.

May 1 – May 31 **Mental Health Awareness Month** (Awareness Days/Months) A month raising awareness of mental health and reducing stigma.

May 1 – May 31 **National Physical Fitness and Sports Month** (Awareness Days/Months) A month encouraging physical activity.

Tue May 5 **Cinco de Mayo** (Culture & History) A celebration of the Mexican army's victory at the Battle of Puebla in 1862, and of Mexican-American culture.

Sun May 10 **Mother's Day** (Holidays & Celebrations) A day honouring mothers and mother figures.

Mon May 25 **Memorial Day** (Holidays & Celebrations) A federal holiday honouring U.S. military personnel who died in service.