# October 2023

Educator Calendar

**All month:** ADHD Awareness Month · Down Syndrome Awareness Month · Dyslexia Awareness Month · October Theme: Bullying Prevention & Self-Control

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|---|---|
| **1**<br>• Hispanic Heritage Month | **2**<br>• Hispanic Heritage Month | **3**<br>• Hispanic Heritage Month | **4**<br>• Hispanic Heritage Month | **5**<br>• Hispanic Heritage Month | **6**<br>• Hispanic Heritage Month | **7**<br>• Hispanic Heritage Month |
| **8**<br>• Hispanic Heritage Month | **9**<br>• Indigenous Peoples' Day<br>• Hispanic Heritage Month | **10**<br>• Mental Health Day<br>• Hispanic Heritage Month | **11**<br>• Day of the Girl<br>• Hispanic Heritage Month | **12**<br>• Hispanic Heritage Month | **13**<br>• Hispanic Heritage Month | **14**<br>• Hispanic Heritage Month |
| **15**<br>• Handwashing Day<br>• Hispanic Heritage Month | **16**<br>• Food Day | **17** | **18** | **19** | **20**<br>• Day on Writing | **21** |
| **22** | **23** | **24** | **25** | **26** | **27** | **28** |
| **29** | **30** | **31** | | | | |

**Legend:** • Awareness Days/Months • Monthly Teaching Themes • Culture & History • Other

## Events in October 2023

**Sep 15 – Oct 15** **Hispanic Heritage Month** (Culture & History) A celebration of the histories, cultures and contributions of Hispanic and Latino Americans (September 15 – October 15).

**Oct 1 – Oct 31** **ADHD Awareness Month** (Awareness Days/Months) A month raising awareness of ADHD.

**Oct 1 – Oct 31** **Down Syndrome Awareness Month** (Awareness Days/Months) A month celebrating people with Down syndrome.

**Oct 1 – Oct 31** **Dyslexia Awareness Month** (Awareness Days/Months) A month raising awareness of dyslexia.

**Oct 1 – Oct 31** **October Theme: Bullying Prevention & Self-Control** (Monthly Teaching Themes, TTW teaching theme) TTW teaching theme: bullying prevention, safety and self-control.

**Mon Oct 9** **Indigenous Peoples' Day / Columbus Day** (Culture & History, varies by location) The second Monday of October: a federal holiday (Columbus Day); many states and districts observe Indigenous Peoples' Day.

**Tue Oct 10** **World Mental Health Day** (Awareness Days/Months) A WHO day for global mental health education and awareness.

**Wed Oct 11** **International Day of the Girl** (Awareness Days/Months) A UN day promoting girls' rights and empowerment.

**Sun Oct 15** **Global Handwashing Day** (Awareness Days/Months) A day promoting handwashing with soap.

**Mon Oct 16** **World Food Day** (Awareness Days/Months) An FAO day promoting action against hunger.

**Fri Oct 20** **National Day on Writing** (Other) NCTE's day celebrating writing.